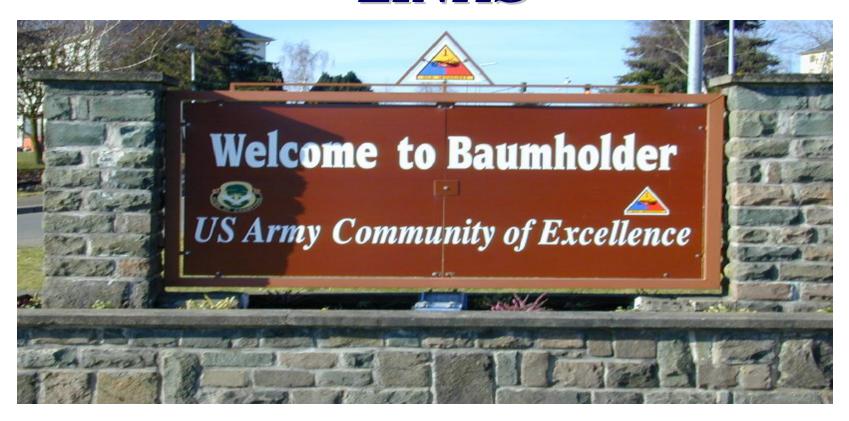


BAUMHOLDER COMMUNITY LINKS



25 September 02



AGENDA

Opening Remarks
S2/3
DCA
DODDS
Baumholder Health Clinic
Red Cross
Prevention Education
WICO
BCSC
Public Affairs



OPENING REMARKS

Commander 222d Base Support Battalion

LTC Buchs



222d BSB S2/S3 MAJ BETTASSO, 485-1530

CALENDAR OVERVIEW



POC: 1LT Kulikowski, 485-8496, email jaimie.kulikowsk@cmtymail.104asg.army.mil



October 2002



7 Oct	222d CIP In-brief
11 Oct	USAREUR Training Holiday
14 Oct	Columbus Day (No Training)
22 Oct	Community SAEDA Brief
24 Oct	Red Ribbon Health Day at HOC
26 Oct	Halloween Carnival (CYS)
29 Oct	Town Hall
30 Oct	LINKS
31 Oct	Halloween

POC: 1LT Kulikowski, 485-8496, email jaimie.kulikowsk@cmtymail.104asg.army.mil



November 2002

1 Nov German Holiday (All Saints)

8 Nov USAREUR Training Holiday

11 Nov Veterans' Day

13 Nov Baumholder Community Information

Seminar

15-17 Nov Holiday Bazaar

19 Nov Town Hall

21 Nov Great American Smoke Out

27 Nov LINKS

28 Nov Thanksgiving

29 Nov USAREUR Training Holiday

POC: 1LT Kulikowski, 485-8496, email jaimie.kulikowsk@cmtymail.104asg.army.mil



ARMY COMMUNITY SERVICE

Wanda Crawford 485-8188

Community Outreach/Deployment & Mobilization

Ø <u>NEW TIME</u>: FRG ROUND TABLE, 0900, 4th Wednesday of every month (BEFORE LINKS)

Ø <u>NEW MONTHLY TRAINING</u>: FRL TRAINING 2ND THURSDAY OF EVERY MONTH, 1300-1500, AT ACS.

POC Bridget Sanders 485-8183 or bridget.sanders@104asg.mwr.army.mil



ARMY COMMUNITY SERVICE

Wanda Crawford 485-8188

Installation Volunteer Program

Ø Volunteer Management Training

ü 22 Oct, 0900 – 1100

ü ACS, Bldg. 8746, 2nd floor

Ø Make a Difference Day

ü 26 Oct

ü Community activity

POC: April Barnett, 485-8188, or april.barnett@104asg.mwr.army.mil



ARMY COMMUNITY SERVICE

Wanda Crawford 485-8188

New Parent Support Program

Ø Step Parenting in Today's Society

ü Every 1st Thurs of the month, 1100-1300

ü Raising Responsible Kids through Love and Logic

Ø Bring your lunch and join NPSP for 2 session class ü every 2nd and 3rd Thursday of each month, 1100-1300. ü Beginning in October.

NPSP conference room is located inside WIC-O.

POC: Michelle Mayfield or michelle.mayfield@104asg.mwr.army.mil



Joanne Hernandez, 485-7198



School Age Services

- Ø Before-and-after-school care Smith SAS, 485-6641, and Wetzel SAS, 485-7475
- Ø After-school care Neubruecke SAS, 485-7731
- Ø Wednesday afternoon open recreation (1430-1800) Strassburg SAS, 485-8625 (call 485-7475 for info.)
- Ø Parents' Night Out, 19 Oct, 1800-2200 Smith SAS, 485-6641

POC: Gwyn Bown at DSN 485-7475 or email – gwyn.bown@104asg.mwr.army.mil



Joanne Hernandez, 485-7198

Halloween Carnival

- " Saturday, 26 Oct, 1400-1800, at the Rheinlander.
- " For children ages 2-11 and their parents.
- " Games, activities, and candy prizes Free



POC: Cynthia Shelley at DSN 485-7393 or e-mail: cynthia.shelley@104asg.mwr.army.mil



Joanne Hernandez, 485-7198

Youth Sports

Ø Winter sports registration through 6 Dec.

ü Basketball, Cheerleading

Ø Volunteer coaches needed. Contact CYS for application.

POC: Michael Ritchey at DSN 485-6968 or e-mail: michael.ritchey@104asg.mwr.army.mil



Joanne Hernandez, 485-7198

Position Openings at CYS

GS-04/05, Caregiver/Recreation Assistant

CC-01-03, Child & Youth Program Assistant

GS-09, Training & Curriculum Specialist

~~~ Apply NAF CPO or Resumix ~~~

POC: Joanne Hernandez at DSN 485-7198 or e-mail: joanne.hernandez@104asg.mwr.army.mil



Joanne Hernandez, 485-7198

#### Instructional Classes

**Ø** Dance

ü \$30 month

**ü** Ages 3-18

**Ø** Swimming

ü \$45 for 8 lessons (starting in October)

ü Ages 6 months – 18 years

Ø Chinese Goju

ü \$30 month

**ü** Ages 6-18

Call 485-7003 for registration information

POC: Birgit Quick at DSN 485-6968 or e-mail: birgit.quick@104asg.mwr.army.mil



Joanne Hernandez, 485-7198

#### YS Trips

Ø 02 Nov Family Bowling "Win a Turkey"

Cost: \$10 per family

Ø 08 Nov Dining out Greek in Kaiserslautern

**Cost: Order off the menu** 

**Ø 23 Nov** All Area Fasching Party

Cost: members – \$3 non-members – \$5

**Ø 30 Nov** Native American Activities Day

• Permission slips for all trips/events are due one week prior to scheduled trip/event. Minimum number of participants required by sign-up date.

POC: Steve Ferguson at DSN 485-8249 or e-mail: steven.ferguson@104asg.mwr.army.mil



Joanne Hernandez, 485-7198

#### YS Special Events

Ø 07 Dec Breakfast with Santa, Cost: \$3

**Ø 13 Dec Dining Out Italian in Idar-Oberstein** 

ü Cost: order off the menu

**Ø 14 Dec** Christmas Market in Mannheim

ü Cost: \$3, plus spending money

POC: Steve Ferguson at DSN 485-8249 or e-mail: steven.ferguson@104asg.mwr.army.mil

Denise Turnipseed, 485-6965

#### Keepsake Arts & Crafts

Ø Framing class: Sunday, 1300-1700 - minimum of two persons required. Cost = \$25.

**Ø** Lamp Making class: Every Wednesday, 1700-1900. Cost = \$25.

POC: Robert Johnson at DSN 485-6687 or email: robert.johnson@104asg.mwr.army.mil



Denise Turnipseed, 485-6965

#### Outdoor Recreation

Six Flags Trips

Ø 5 Oct Oktoberfest Munich

Ø 6 Oct Frankfurt Zoo

Ø 11-14 Oct Columbus Day Ski Trip to Kaprun, Austria

**Ø 14 Oct** Neuschwanstein Castle

Ø 20 Oct Black Forest Shopping/Sightseeing Trip

**Ø 27 Oct** Legoland Germany-Guenzburg

POC: Werner Graf at DSN 485-7182 or e-mail: werner.graf@104asg.mwr.army.mil



Denise Turnipseed, 485-6965

#### Outdoor Recreation

Six Flags Trips

05 Oct Six Flags Holland

12 Oct Six Flags Holland

13 Oct Six Flags Belgium

POC: Werner Graf at DSN 485-7182 or e-mail: werner.graf@104asg.mwr.army.mil



Denise Turnipseed, 485-6965

### **Sports**



- Ø Men & women coaches are needed for Community Level Basketball. Contact the Sports Office at 485-7176 to submit resume or sign up.
- Ø Boxing coach is needed if interested, please contact the Sports Office at 485-7176.

POC: Emma Robinson at DSN 485-7176 or e-mail: emma.robinson@104asg.mwr.army.mil



#### Denise Turnipseed, 485-6965

#### **Fitness**

- Ø Wake-up Step Aerobics: Mon/Wed/Fri, 0915-1015, at Rec Emporium
- Ø Toning class: Tue & Thu, 0915-1015, at Rec Emporium
- Ø Toning class: Mon/Wed/Fri, 1800-1900, at Rec Emporium
- Ø Interval Aerobics: Mon/Wed/Fri, 1700-1800, at Rec Emporium
- Ø Step Aerobics: Tue & Thu, 1700-1800, at Rec Emporium
- Ø Late Step Aerobics: Mon/Wed/Fri, 1900-2000, at Rec Emporium
- Ø Aerobic Kickboxing: Tue & Thu, 1900-2000, Rec Emporium
- Ø Spin Aerobics: Tue & Thu, 1800-1850, at Rec Emporium
- **Ø** Chinese Goju Karate: Neubruecke Fitness Center
- Ø Certified aerobics instructors & personal trainers needed.

POC: Warren Latham at DSN 485-6156 or email: warren.latham@104asg.mwr.army.mil



Manuel Alvarado, 485-6154



#### Rod & Gun Club



Ø Pizza Party, 11 Oct, 2000

Ü Fresh, American-style pizza

ü Open mike and talent show

ü Great fun and prizes

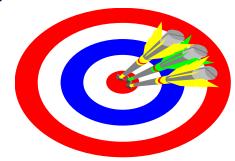
Ø Pool Tournaments every Wednesday beginning 2 Oct, 1900. Ü Great prizes!

POC: Mary Jane Spreier at DSN 485-6345 or e-mail: maryjane.spreier@104asg.mwr.army.mil



Manuel Alvarado, 485-6154

### Rudy's Bar & Grill



- **Ø** Kitchen Hours:
  - © Wed-Thu, 1800-2100
  - © Fri-Sat, 1800-2200
- Ø Video store has daily specials for members.
- Ø Sunday Night Football Trial Run, 1800-2200.

POC: John Bunting at DSN 485-8602 or e-mail: john.bunting@104asg.mwr.army.mil



Manuel Alvarado, 485-6154

## Rolling Hills Golf



w 5 & 6 Oct – Ryder Cup Competition

- Õ American Team vs. German Team
- O Come watch the best golfers in Baumholder.

Our pro shop has all your top-line golf merchandise and clothing; Nike, Antigua, Titleist, Callaway, Ping. Come out, look around, and get an early start on your Christmas shopping!

POC: Richard Glenn at DSN 485-7299 or e-mail: richard.glenn@104asg.mwr.army.mil



Manuel Alvarado, 485-6154

#### Rheinlander Convention Center

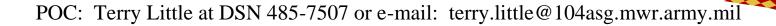
Lunch: Mon-Fri, 1100-1330

**Dinner: Tue-Sat, 1800-2200** 

**Bar operations, Monday – Saturday** 

Cyber Zone, Monday – Saturday

Party service available





Manuel Alvarado, 485-6154

#### Rod & Gun Club



#### Testing for Owners of Privately Owned Firearms

Test Location: Education Center

Registration: Deadline 2 days prior to test date

Test Dates: 10 Oct 02 1300

14 Nov 02 1300

12 Dec 02 1300

POC: Brandt Gardner at DSN 485-6202 or e-mail: brandt.gardner@104asg.mwr.army.mil



## DoDDS Calendar Highlights

- 04 Oct 1900 Minnick, Homecoming Football
- Game Baumholder High vs. Ansbach High
- 11 Oct No School for Students,
- Teachers in-service day
- 01 Nov No School for Students,
- Teachers Work Day
- 07-08 Nov No School for Students,
- Parent Teacher Conferences



### ISSUES/ PUBLIC FYI

## CONDUCTED "HEALTHY DAYS" AT PX ON FRIDAY 13<sup>TH</sup> SEPTEMBER, 2002

#### MEDICATION REFILLS

PLEASE CALL PHARMACY REFILL LINE
24 HOURS AT 485-6879 OR 0678366879 AND
LEAVE YOUR REQUEST WITH:
NAME, SPONSOR SSN, PRIMARY CARE MNGR. ETC.

POC 1LT Ralph Stanton, Ralph.Stanton@lnd.amedd.army.mil, dsn 485-7543/17\$0



#### **OCTOBER**

#### Health Fair in Recognition of Red Ribbon Week

**Date: 24 Oct Time: 1530-1830** 

**Location: Hall of Champion's Gym** 

**Audience: Baumholder Community to include local nationals** 

Activity: Various health related displays and information tables, plus B/P, cholesterol and glucose screenings

**Cost: Free** 

POC: CPT Ferrell (485-7312/6578) and Ms. Chris Sorrells (485-6784)

POC 1LT Ralph Stanton, Ralph.Stanton@lnd.amedd.army.mil, dsn 485-7543/1750



## November Great American Smoke Out (GAS)

Date: 21 Nov 02 All Day

**Event: "Walk Your Butt's Off 2 Km Walk"** 

**Date: 21 Nov Time: 1530** 

Location: Start and end at Hall of Champions Gym!

Audience: Baumholder Community –all are welcome!

**Cost: Free & Incentives: PRIZES** 

 $POC\ 1LT\ Ralph\ Stanton,\ Ralph.Stanton@lnd.amedd.army.mil,\ dsn\ 485-7543/1750$ 



#### BAUMHOLDER HEALTH CLINIC

#### **UNITS** without BAS

CALL FOR AN APPOINTMENT 485-8070/8080

Thurs 1230-1300 same as above

NORMAL OPERATION

Mon- Wed 0830 - 1730

Thurs 1300 - 1900

Fri 0830 - 1500

Training Holidays 0900 – 1500

Pharmacy Closed for Lunch 1230-1330

TRICARE Health Advice Nurse 0800-825-1600

Central Appointment Service 485-8080/8070

DRK Ambulance 19222

Mon- Wed, Fri by appointment, call 485-8764

POC 1LT Ralph Stanton, Ralph.Stanton@lnd.amedd.army.mil, dsn 485-7543/1750



#### **American Red Cross Baumholder**

Michelle Bailey 485-1760/6313

#### **BAUMHOLDER DENTAL ORIENTATION**

- DENTAL ORIENTATION
  - -30 SEPTEMBER 02 9:00 A.M.
  - WAGON WHEEL THEATER
- PLEASE BE ON TIME.
  - DOORS WILL CLOSE AT 9:00 A.M.



POC: Jacquie Mack Jacqueline.Mack@cmtymail.104asg.army.mil 485-1760





#### **American Red Cross Baumholder**

Michelle Bailey 485-1760/6313

#### **Currently Recruiting Volunteers**

- •WIC-OVERSEAS
- **•USAHC -BHR**
- DENTAL CLINIC
- •HEALTH PROMOTIONS
- •SPECIAL EVENTS, RED RIBBON WEEK, GREAT AMERICAN SMOKE OUT

POC: Jacquie Mack Jacqueline.Mack@cmtymail.104asg.army.mil 485-1760





#### **American Red Cross Baumholder**

Michelle Bailey 485-1760/6313

Baumholder Community Afghans are here!

Afghans are approximately 48" by 68".

**\$60** 

For more information please call the American Red Cross at 485-1760 or 06783-61760.

POC: Jacquie Mack Jacqueline.Mack@cmtymail.104asg.army.mil 485-1760



## **Community Center Counseling Army Substance Abuse Program**

**GREGORY PRYOR** 485-1710/6230

**LOCATION: CLINIC, Wing 8744** 

HOURS OF OPERATION: Monday through Friday 0730- 1200 and 1300 - 1630

**CLINICAL DIRECTOR: Marion McLean 485-1710** 

Gregory.Pryor@cmtymail.104asg.army.mil



## **Community Center Counseling Army Substance Abuse Program**

#### **GREGORY PRYOR** 485-1710/6230

Volunteers need for Red Ribbon 2002

Red Ribbon Campaign 2002 is from 18 – 31 October 2002

Events scheduled with Youth Services, in the Community and In the Schools.

Call Gregory Pryor at above number for more information

Gregory.pryor@cmtymail.104asg.army.mil



# WIC OVERSEAS April Parsells, Team Leader

485-8001

- Deployments-Transfer Out
- WICO Newsletter
- Community Agencies
- Health Fair Oct. 24th
- LLL meeting Oct 15th



april.parsells@cmtymail.104asg.army.mil





#### Term 2 Scholarship Deadline!!!

\$5000 to give away for Term 2. <u>Deadline 18 October</u>. Pick up applications at the Education Center, ACS, or contact Christy Doboszenski, 06782-988438 or <a href="mailto:cdobo@hotmail.com">cdobo@hotmail.com</a>. Congratulations to Sara Nauman, BCSC Term 1 \$500 Scholarship Recipient!

#### October Luncheon!!!

What: Healthy Mind, Body, and Spirit Luncheon with 2 Guest Speakers, \$8

When/Where: Wednesday, 16 October, 1130 hrs, Rheinlander

**Who:** New Members, Returning Members, Guests

On-site Child Care available on a first come, first serve basis!!!!

Contact Molly Hlebik @ <u>Hlebikmn@yahoo.com</u>

#### **October Trips**

**5 October-Oktoberfest, Deadline is September 23 19 October-Burg Frankenstein, Halloween Party, Deadline is October 14**Contact Jana Dye @ BC 999821 or email <a href="mailto:Jana.Dye@104asg.mwr.army.mil">Jana.Dye@104asg.mwr.army.mil</a>

BCSC Community Liaison- Joy Boisselle @ DSN 485-7815 or Email jijdboisselle@hotmail.com



#### **Public Affairs**

#### **Host Nation Events**

| 27-29 | Sep | 02 | City Fest at Oberstein                         |
|-------|-----|----|------------------------------------------------|
| 5     | Oct | 02 | Fleamarket at Homburg/Saar                     |
| 6     | Oct | 02 | Farmer Market at Ramstein-Miesenbach           |
| 12-20 | Oct | 02 | Mainz Fall Fair                                |
| 13    | Oct | 02 | Children Musical "The little day" Bruehlhalle  |
|       |     |    | Baumholder                                     |
| 13    | Oct | 02 | Birkenfeld City Fest                           |
| 18-28 | Oct | 02 | Octoberfest at Kaiserslautern                  |
| 19-20 | Oct | 02 | Hobby artist exhibition Bruehlhalle Baumholder |
| 19-20 | Oct | 02 | Morbach Volksmarch                             |
| 22    | Oct | 02 | Wendelsmarket at St. Wendel                    |
| 25-28 | Oct | 02 | 27th Wine Fest at Perl                         |

POC: Madeleine Dwoiakowski, 485-1600, Madeleine.Dwoiakowski@cmtymail.104asg.army.mil



## **Public Affairs Host Nation Events**

| 26    | Oct      | 02     | Fleamarket at Metz/France                  |
|-------|----------|--------|--------------------------------------------|
| 27    | Oct      | 02     | Museum Day at Idar-Oberstein               |
| 2     | Nov      | 02     | Fleamarket at Homburg/Saar                 |
| 2-3   | Nov      | 02     | Martinimarket at Herrstein                 |
| 10    | Nov      | 02     | St. Martin Parade downtown Baumholder 1700 |
| 10&30 | ) Nov    | 02     | Fleamarket at Metz/France                  |
| 29-30 | Nov      | 02     | Christmas Market at Oberstein              |
| 30    | Nov      | 02     | Andreasmarket at Kirn                      |
| 21 No | v - 22 I | Dec 02 | Christmas Market at Trier                  |
| 25 No | v - 23 I | Dec 02 | Christmas Market at Kaiserslautern         |

POC: Madeleine Dwoiakowski, 485-1600, Madeleine.Dwoiakowski@cmtymail.104asg.army.mil



## **OPEN FORUM**